

Face Mist







Recipe

 **A great refreshing mist for our face to use all day long (and night!)**






INGREDIENTS

- 1 Green tea leaves - 2tsp
- 2 Dried rose buds - 2tsp
- 3 Filtered water - 100ml
- 4 Essential oils - optional
- 5 Spray bottle

RECIPE

-  Bring the water to a temperature of 75 - 80 degrees Celsius
-  Prepare the mixture of rose buds and green tea
-  Pour hot water on the herbs and steep for 5 minutes
-  Let it cool down
-  Pour into spray bottle
-  Add essential oils (optional)

NOTES

-  Use this mist when your skin feels tired, dry, fatigued or when it just needs boost.
-  Store it in the fridge to last longer and to keep it cool.
-  Add vitamin E to prolong shelf life.
-  This is a great mist for face. It is cheap and natural !
-  You can carry it with you in your handbag.

Face Mist

Labels



Face Mist

Essential Oil Blends



MORNING REFRESH MIST

Add 3-5 drops of rosemary essential oil, 10 drops of almond oil



COOL DOWN MIST

Add 3-5 drops of eucalyptus essential oil



CLEARING MIST

Add 3-5 drops of tea tree oil



MOISTURIZING MIST

Add 10 drops of jojoba oil



OVERNIGHT RELAXING MIST

Add 3-5 drops of lavender essential oil